

## THE BUSINESS OF FLOURISHING PART 2 THE STRENGTH OF GOALS AND MEANING

- When you get to your business or job in the morning, do you wonder is it really worth my time?
- Do you question if how you are spending your days matters to anyone especially yourself?
- Do you want to learn how to turn every day into a day of meaning, no matter what your goals are?

The Business of Flourishing is a comprehensive, four-part applied learning experience, divided into separate, interconnected but independent, learning blocks grounded in the science of positive psychology and human flourishing.



I attended Andrea's recent seminar The Business of Flourishing. The event was helpful in allowing me to define my strengths and to contemplate how to use these strengths in my daily business and personal activities. Andrea provided a great speaker and the seminar was very thought provoking.

Anne Wayman, Kaercher Insurance





It was so much fun to learn about my strengths, to see opportunity in challenges, and to meet others who reach to flourish. Even better to apply my new knowledge in my relationships and to see the results. Thanks, Andrea. Inspiring.

Janice Portaro, Aniello Insurance

You are invited to attend any or all parts of this series.

## The Strength of Goals and Meaning

- Explore what excuses are holding you back.
- Meet and learn from a local business owner, Michael Graves, CEO Las Vegas Valley Community Management, as he shares his many career shifts and shakes.
- Focus on the 3 F's of Success: Achievement made simple
- Declare your current goals and develop an action plan
- Learn how the positive emotions of Amusement and Pride can guide your meaning.

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