



VIRTUAL 1-HOUR JUMPSTART

# taking the unicorn challenge

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Take your life from ordinary to extraordinary.

## About me



Embrace the power of unicorns and experience a magical transformation with The Unicorn Challenge! This 60-minute virtual experience prioritizes mental health and well-being to unlock possibilities you never knew existed. Through proven behavioral science strategies, make meaningful progress towards peace of mind, happiness, and more joy - all while wearing an amazing unicorn head accessory (optional)! Life is too short not to be living it like one big adventure – so let's get started!

- 01** Reframe your mindset from burdensome to achieve to fun achieve.
- 02** Develop the ability to laugh at yourself as you take action to set and achieve goals.
- 03** Develop an appreciation for personal development and career achievement as a continually evolving process.

## “ testimonial

How fun! It's about time we stopped taking ourselves so seriously and invested our energy in seeing the path to achievement as one that can be joyous. Thank you. -Lora

## events

- Women's Leadership Gatherings
- Corporate Hybrid Teams
- Learn & Play Sessions

## Contact



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